

2023 REGION 9 GYMNASTICS CHAMPIONSHIPS March 31-April 2, 2023

Host Club and Venue:

Xtreme Altitude 1405 South Public Rd. Lafayette, CO 80026

Meet Director:

Mark Bogoger/Nate Ragland

Meet Coordinator:

Laura Morrison

Airport (45 minutes from the venue):

Denver International Airport 8500 Peña Blvd Denver, CO 80249

Host Hotels:

Hampton Inn (closest to the gym):

https://www.hilton.com/en/book/reservat ion/deeplink/?ctyhocn=DENLFHX&groupCo de=CHHBRC&arrivaldate=2023-03-30&departuredate=2023-04-02&cid=OM,WW,HILTONLINK,EN,DirectLin k&fromId=HILTONLINKDIRECT Holiday Inn Express: \$99/night –

about 10 minutes from the gym

Boys Regional Championship

Photography:

JKP Photography will be onsite!

Apparel:

Northwest Designs Ink will be here all weekend with lots of apparel for the Championships!

Spectator Admission:

Admission: Tickets may be pre-purchased through RSVPify.com for \$12.50 each using the QR code below or with this link: https://2023region9championships.rsvpify.com.

If you pre-purchase your tickets, please make sure to select the correct session and bring your email confirmation with you to the meet!

OR for \$15 CASH at the door the day of the meet.



Final Schedule

Friday March 31st

Session #1 - Level 7 and TS Open stretch: 4:00pm March in: 4:20pm

Timed Warmups: 4:30pm

Awards: 8:30pm

Saturday, April 1st

Session #2 - Level 3s and 4s Open stretch: 9:00am March in: 9:20am

Timed Warmups: 9:30am

Awards: 1:00pm

Session #3 - Level 5s and 6s

Open stretch: 2:00pm March in: 2:20pm

Timed Warmups: 2:30pm

Awards: 6:00pm

Sunday, April 2nd

Session #5 - Level 8 and 9 Open stretch: 9:00am March in: 9:20am

Seniors and Academic All-American Recognition

Timed Warmups: 9:40am

Awards: 1:30pm

Session #6 – Level 10 Open stretch: 2:00pm March in: 2:20pm

Seniors and Academic All-American Recognition

Timed Warmups: 2:40pm

Awards: 6:30pm